

| Talkspace Organizational Services (for Employers/Member Orgs.) | | Sourcewell Pricing | |
|---|---|---|------------------------------|
| CORE PROGRAM | | Group Size | PEPM (per empl. per month) |
| - Therapy: Unlimited Messaging & 1 Live Session per month - Talkspace GO: Self-Guided care | | 0 - 500** | \$50,000 (annual - not PEPM) |
| | | 500 - 999** | \$55,000 (annual - not PEPM) |
| | | 1,000 - 4,999 | \$4.95 |
| | | 5,000 - 9,999 | \$4.50 |
| | | 10,000 - 24,999 | \$3.85 |
| | | 25,000 - 49,999 | \$3.25 |
| | | 50,000+ | \$2.75 |
| Service Descriptions | | **Pricing Per Year (billed in monthly installments) | |
| Therapy (Licensed Clinicians) | Our flagship Therapy solution delivers flexible, high-quality, easy access to our diverse network of 6000+ licensed mental health professionals. Key features include: <ul style="list-style-type: none">• 1:1 care always with the same therapist.• Match with a therapist and start therapy the same day as sign up.• Personalized therapist matching based on clinical needs and user preferences through our proprietary QuickMatch™ algorithm.• HIPAA Compliant, safe & secure.• Unlimited, ongoing access with uncapped utilization.• 24/7 secure asynchronous messaging (via text, audio, video), with therapists responding daily.• Live sessions (via video, audio, or chat).• Interactive tools for progress tracking, goal-setting, and evidence-based exercises (CBT/DBT modules, meditation, breathing techniques).• Suicide Risk Algorithm monitors for self harm and alerts therapist and clinical leadership.• 24/7 Crisis Hotline access on the platform• Eligibility: Individuals age 13 and above. | | |
| Talkspace GO (Self-Guided care) | Our Self-Guided care solution empowers users to manage their wellbeing at their own pace. Key features include: <ul style="list-style-type: none">• 70+ curated programs with 800+ activities, exercises, sessions and meditations.• 4 - 6 weekly live interactive group classes led by licensed therapists.• 400+ hours of on-demand recorded classes.• Real-time admin. dashboard tracks aggregate utilization, session completion, & attendance.• Diverse, robust content for individuals, couples, families and adolescents (ages 13+).• Evidence-based, accessible mental health education and support - flexible, user-friendly format. | | |
| Account Services (Included in cost) | | | |
| Implementation | <ul style="list-style-type: none">• Simple and effective implementation process in just 3 - 4 weeks• Low lift for our partner (Talkspace does most of the work)• Experienced, dedicated Implementation Manager, leads Talkspace Implementation team and works with key stakeholders to ensure successful launch.• Clear milestones and timelines• Smooth transition to account management | | |
| Marketing & Communications | <ul style="list-style-type: none">• Co-branded landing/registration page; unique keywords to access services• Communications portal, downloadable, printable and digital marketing materials including banner and physical signage files, videos, email templates, and brochures (print production and mailing not included)• Talkspace Blog (top 10 in mental health)• Quarterly webinars hosted and curated by our clinical team based on a variety of topics• Access to library of Talkspace exclusive webinars• Access to library of clinical content | | |
| Account Management | <ul style="list-style-type: none">• Dedicated Account Manager trained to support key stakeholders and be a strategic resource and partner, ensuring the success of the program on all levels• Ongoing strategic marketing & communications support• Ongoing strategic reporting and data analytics support• Member Support: Inquiry submission to dedicated specialists available 24/7, response time within 1 business days• Our team brings a white-glove, collaborative partnership to enhance an inclusive organizational culture of wellbeing | | |
| Reporting | <ul style="list-style-type: none">• Monthly registration reports• Quarterly report providing insight into utilization, engagement, user satisfaction, and outcomes.• Ad-hoc reporting as needed• Ongoing strategic analysis of data and metrics• Quarterly and annual business reviews and reports | | |
| Optional Services (to add on to core program) | | Group Size | Cost |
| Dependent Coverage | <ul style="list-style-type: none">• Covers spouses, partners, household members, and dependents age 13+• Inclusive of all services contracted. | 0 - 999** | \$10,000 (annual - not PEPM) |
| | | 1,000 and up | \$1.00 PEPM |
| Extra Live Sessions (for Therapy) | Additional monthly Live Therapy Sessions with core plan | 0 - 999** | \$5,000 (annual - not PEPM) |
| | | 1,000 and up | \$0.45 PEPM |
| Psychiatry (& Medication Management) | Our Psychiatry Services solution addresses the full spectrum of psychiatric care and medication management via live video sessions. Solution Includes: <ul style="list-style-type: none">• 1:1 Match with a Licensed Provider (Psychiatrist or Psychiatric Nurse Practitioner)• 1st session within 7-10 days of sign up.• Initial 1-hour comprehensive assessment, diagnosis and prescribing.• Personalized medication management, including prescribing and monitoring.• Up to 12 follow-up, medication management live video sessions per year for ongoing evaluation, monitoring, and adjustment of treatment plans.• Ages 18+ | 0 - 999** | \$3,500 (annual - not PEPM) |
| | | 1,000 and up | \$0.40 PEPM |
| | | **Pricing Per Year (billed in monthly installments) | |

| Talkspace Teen & Higher Ed. Services | | Sourcewell Pricing | | | |
|---|--|---|------------------------------|--|--|
| CORE PROGRAM | | Group Size | PSPM (per student per month) | | |
| - Therapy: Unlimited Messaging & 1 Live Session per month | | 0 - 999** | \$30,000 (annual - not PSPM) | | |
| | | 1,000 - 2,999 | \$2.50 | | |
| - Talkspace GO: Self-Guided care | | 3,000 - 14,999 | \$2.25 | | |
| | | 15,000+ | \$1.90 | | |
| Service Descriptions | | **Pricing Per Year (billed in monthly installments) | | | |
| Talkspace GO: (Self-Guided care) | Talkspace GO for Teens (* For adolescents 13 - 18) <i>Key Features include:</i> <ul style="list-style-type: none"> • Unique onboarding process, with teen-centric instructions, enrollment, initial programming questionnaire, and sign up. • A unique 16-module self-guided mental health and wellbeing course allows teens to address anxiety symptoms and boost confidence in just 5 minutes a day. • Micro-learning approach fits seamlessly into teens' busy lives. • Evidence-Based Assessment: The use of the Teen-Modified PHQ-9 questionnaire for pre- and post-assessments ensures that progress is measurable and based on recognized clinical standards. • Diverse Engagement Tools: Over 70 programs and 800 activities, including videos, self-assessments, meditations, and journaling, cater to different learning styles and preferences. | | | | |
| | Talkspace GO (* For Higher Ed. 18+ our core Self-Guided program) <ul style="list-style-type: none"> • this is also available and accessible for all teens. A Self-Guided care solution that empowers users to manage their wellbeing at their own pace. <i>Key features include:</i> <ul style="list-style-type: none"> • 70+ curated programs with 800+ activities, exercises, sessions and meditations. • 4 - 6 weekly live interactive group classes led by licensed therapists. • 400+ hours of on-demand recorded classes. • Real-time admin. dashboard tracks aggregate utilization, session completion, & attendance. • Diverse, robust content for individuals, couples, families and adolescents (ages 13+). • Evidence-based, accessible mental health education and support - flexible, user-friendly format. | | | | |
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| * Only Available for Higher Ed., 18+ | | 1,000 and up | \$0.25 PSPM | | |
| Teenspace Community | <ul style="list-style-type: none"> • Safe, Moderated Peer Support: A secure space for teens in therapy to connect, share, and support each other—fully moderated by clinical experts and AI. • Daily Reflection Prompts: Encourages emotional expression and self-awareness through guided, therapist-shareable reflections. • Enhanced Engagement & Outcomes: Complements therapy with 24/7 peer connection, boosting engagement and accelerating progress. • Strengthens Family & School Support: Builds positive communication skills and offers a safer alternative to traditional social media. • Seamless Platform Integration: Combines professional therapy and peer community in one unified, HIPAA-compliant digital environment. | 0 - 999** | \$1,500 | | |
| | | 1,000 and up | \$0.15 PSPM | | |
| | | **Pricing Per Year (billed in monthly installments) | | | |